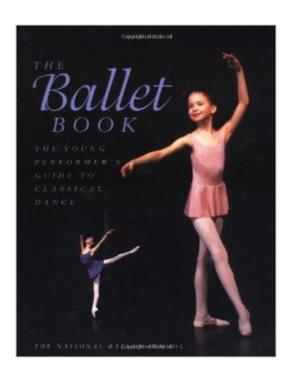
The book was found

The Ballet Book: The Young Performer's Guide To Classical Dance





Synopsis

Produced in conjunction with Canada's world-famous National Ballet School, The Ballet Book is a definitive instructional resource for youth and their parents who are beginning to explore the possibilities and delights of ballet. The book illustrates in meticulous detail -- and through more than 100 photographs - every position, step and pose involved in barre work, pointe work, alignment, classical ballet poses, attitudes, allegros, batteries, pirouettes and arabesques. Age-appropriate and comprehensive, it is a motivational guide, with information on deciding to dance; finding a teacher; musical accompaniment; finding the ideal studio; what to wear and grooming; positions, steps and poses; and exercises and nutrition. The Ballet Book is a strong guide for both boys and girls.

Book Information

Series: Young Performer's Guide

Paperback: 144 pages

Publisher: Firefly Books (September 14, 2007)

Language: English

ISBN-10: 1552093530

ISBN-13: 978-1552093535

Product Dimensions: 9.9 x 8 x 0.3 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 5.0 out of 5 stars Â See all reviews (6 customer reviews)

Best Sellers Rank: #752,005 in Books (See Top 100 in Books) #50 in Books > Arts &

Photography > Performing Arts > Dance > Ballet #432 in Books > Children's Books > Arts, Music

& Photography > Performing Arts > Dance #64205 in Books > Humor & Entertainment

Age Range: 8 - 14 years

Grade Level: 3 - 9

Customer Reviews

This survey of ballet dance for young performers provides a fine introduction for kids just beginning to explore the potentials of ballet. Black and white photos of students in action accompany tips on positioning, pointe work, allegros and ballet classes. A fine guide recommended for young newcomers to ballet.

My 6 year old daughter wanted to learn all she could about ballet. The photographs and words helped her to create performances in no time. When she began ballet classes a year later, she

would often tell me, "I saw what we learned today in my ballet book!". What a great connection and wonderful way to interested kids in reading about things they love!

A wonderful example of beautiful ballet technique and poise. It is a friendly and simple introduction to the basics of ballet for any beginner. My sisters and I really learned a lot from this book. I highly recommend this to any aspiring ballet dancer.

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